



Email: info@helicanada.com
Url: www.helicanada.com
North American toll-free:
Ph# 1-888-837-5417 Fax# 1-877-837-5416
Outside North America:
Ph# 1-250-837-5417 Fax# 1-250-837-5416
Box 3315 Revelstoke, B.C. Canada, V0E 2S0

Equipment Lists

Most of the equipment on this list can be rented from either the Canmore Climbing Center, Wilsons in Lake Louise, The University of Calgary, Mountain Equipment Coop, or Mountain Magic in Banff.

General Winter Equipment List For Ski or Snowboard Activities

- Skis
- Ski poles
- Split Board with touring bindings and skins, boots and collapsible poles or
- Snowboard (with means of attachment to the pack) snowshoes, boots and collapsible poles
- Boots (warm is a must!)
- Skins - please make sure they are wide enough (waxes for flats if you like in addition to skins)
- Avalanche probe
- Avalanche beacon (457 kHz or dual frequency ONLY. 457 single frequency RECOMMENDED)
- Collapsible shovel
- Day pack
- Water bottle (Empty 1 L Gatorade Bottles work great)
- Head lamp
- Regular winter boots
- A repair kit for your bindings, boots, snowboards and skins

Winter Clothing and Accessories:

- Anorak windproof water resistant: Direct X Jacket, Super Puma Jacket
- Down vest or jacket (definitely nice to have)
- Gaiters (or ski pants with a built in gaiter system)
- Warm inner layer: RegulatorT R1 & R2
- Socks (warm!!! wool)
- Long underwear: Capilene® Silkweight & Lightweight
- Ski pants: Stretch Triolet Bibs, Stretch Triolet Pants
- Gloves or Mitts: 1 light pair, Nitro Gloves
- Wool hat or toque: Synchilla®
- Alpine Hat
- Baseball or sun hat
- Sunglasses
- Goggles
- Sunscreen and Lip balm
- Camera and Film
- Blister Kit (Moleskin, Elastoplast on roll, Second Skin - ounce of prevention is worth a pound of cure in this department)

Winter Optional Stuff:

- Compass
- Altimeter
- Map (Murray Tofts Rogers Pass and Wapta Maps are good)
- Swiss Army Knife
- Bathing suits for the pool or sauna

Heli Canada Adventures participates in the "Guide Line" program of the Patagonia company. Heli Canada Adventures mountain guides use and recommend Patagonia clothing and products. Please call toll free **1-800-523-9597** for answers to questions about clothing and gear.





Email: info@helicanada.com
Url: www.helicanada.com
North American toll-free:
Ph# 1-888-837-5417 Fax# 1-877-837-5416
Outside North America:
Ph# 1-250-837-5417 Fax# 1-250-837-5416
Box 3315 Revelstoke, B.C. Canada, V0E 2S0

Equipment Lists

Most of the equipment on this list can be rented from either the Canmore Climbing Center, Wilsons in Lake Louise, The University of Calgary, Mountain Equipment Coop, or Mountain Magic in Banff.

Glacier Gear for Clients, Add:

- 1 - 7 mm Prussik 5 meters long
- 2 Locking biners
- 2 Non- locking biners
- 1 Alpine Harness and chest harness

Glacier Gear for Crevasse Rescue and Glacier Travel Course, Add:

- 3 locking carabiners
- 3 non locking carabiners, two that are the same
- 1 Double length sling
- 1 Fifty meter UIAA 9 mm or bigger rope (we suggest at least 10 mm rope)
- 2 - 7 mm 5 meter prussik cord
- 1 - 7 mm 1.5 meter prussik cord
- Ice screw
- Map of Rogers Pass (recommend Murry Tofts Map)
- 1 Compass with inclinometer and declination settings (recommend Silva Ranger)
- Altimeter
- Rite in the rain book and pencil

Equipment for Winter Expeditions, Add:

- 4 season sleeping bag (-20 Recommended)
- Thermarest
- 4 season tent (three man is good for groups)
- Spare batteries
- Toothbrush etc.
- Camp booties (Definitely nice to have)
- Pack large enough to carry all the gear and some group gear.
- 1 - 7 mm Prussik 5 meters long
- 1 Locking biner

Equipment for Winter Expeditions (cont'd), Add:

- 1 Non- locking biner
- Alpine Harness and chest harness
- Toilet paper and personal lighter

Advanced Avalanche Safety Courses, Add:

Although this equipment is not necessary for the intro course, it is nice to have. This equipment can be purchased at the Canadian Avalanche Association. Phone: (250) 837-2435

- Snow thermometer (graduated in degrees Celsius)
- Crystal screen
- Magnifier (8 x loupe available at stamp or office supply stores)
- Folding ruler (2 meters in cm)
- Rite in the Rain All Weather
- Notebook #311
- Pencil
- Pocket knife
- Snow saw or pruning saw
- Compass with inclinometer and declination settings (recommend Silva Ranger)
- Altimeter
- Three mm cord 9 meters in length with knots tied in for stability tests

Snowmobile Avalanche Awareness Courses, Add:

- Repair kit
- Spare belt
- Extra fuel (as required)
- You need the same gear for skiers except the ski gear

Heli Canada Adventures participates in the "Guide Line" program of the Patagonia company. Heli Canada Adventures mountain guides use and recommend Patagonia clothing and products. Please call toll free **1-800-523-9597** for answers to questions about clothing and gear.





Email: info@helicanada.com
Url: www.helicanada.com
North American toll-free:
Ph# 1-888-837-5417 Fax# 1-877-837-5416
Outside North America:
Ph# 1-250-837-5417 Fax# 1-250-837-5416
Box 3315 Revelstoke, B.C. Canada, V0E 2S0

Equipment Lists

Most of the equipment on this list can be rented from either the Canmore Climbing Center, Wilsons in Lake Louise, The University of Calgary, Mountain Equipment Coop, or Mountain Magic in Banff.

General Summer Equipment List for Climbing Activities:

- UIAA Approved Helmet
- Harness
- Locking Munter biner
- Belay device
- Rock shoes (a pair you can wear all day comfortably)
- Lightweight hiking boot or mountaineering boot (klettershuh)
- Pack large enough to carry all your gear.
- Water bottle (Empty 1 L Gatorade Bottles work great)
- Head lamp
- Collapsible hiking poles

Camping Equipment:

- Four season sleeping bag (-10 recommended)
- Thermarest
- Four season tent (three man is good for groups)
- Spare batteries
- Toothbrush etc.
- Camp booties (definitely nice to have)
- Pack large enough to carry all the gear and some group gear.
- Toilet paper and personal lighter

Clothing and Accessories:

- Anorak windproof water resistant: Direct X Jacket, Super Puma Jacket, Torrentshell Jacket
- Rain Pants: Torrentshell Pants
- Down vest or jacket (definitely nice to have)
- Gaiters
- Warm inner layer: RegulatorT R1 & R2
- Socks (warm!!! wool)
- Long underwear (might not be necessary depends on your circulation!) Capilene® Silkweight & Lightweight
- Climbing pants and shirt: GI II Pants
- Shorts
- Gloves or Mitts: wool, 1 light pair, 1 heavier pair
- Wool hat or toque: Synchilla® Alpine hat
- Baseball or sun hat
- Sunglasses
- Sunscreen and Lipbalm
- Camera and Film
- Blister Kit (Moleskin, Elastoplast on roll, Second Skin, an ounce of prevention is worth a pound of cure in this department)

Heli Canada Adventures participates in the "Guide Line" program of the Patagonia company. Heli Canada Adventures mountain guides use and recommend Patagonia clothing and products. Please call toll free **1-800-523-9597** for answers to questions about clothing and gear.





Email: info@helicanada.com
Url: www.helicanada.com
North American toll-free:
Ph# 1-888-837-5417 Fax# 1-877-837-5416
Outside North America:
Ph# 1-250-837-5417 Fax# 1-250-837-5416
Box 3315 Revelstoke, B.C. Canada, V0E 2S0

Equipment Lists

Most of the equipment on this list can be rented from either the Canmore Climbing Center, Wilsons in Lake Louise, The University of Calgary, Mountain Equipment Coop, or Mountain Magic in Banff.

Summer Expeditions Equipment List For Climbing and Mountaineering Activities, Add:

- Overnight pack large enough to carry all the gear and some group gear.
- Crampons and crampon bag
- Mountaineering boots that fit your crampons. (make sure they fit properly before arriving)
- Repair kit for the crampons
- Ice Ax (70 cm, not long ones)
- 1 - 7 mm Prussik five meters long
- 2 Locking biners
- 2 Non-locking biners
- 1 Alpine Harness and chest harness

Summer Mountaineering courses, Add:

- Ice Ax (70 cm, not long ones)
- 3 Munter locking carabiners
- 3 Non-locking carabiners, two the same
- 1 Double length sling
- 2 - 7 mm 5 meter prussik cord
- 1 - 7 mm 1.5 meter prussik cord
- Ice screw
- Crampons and crampon bag
- Mountaineering boots that fit your crampons. (make sure they fit properly before arriving)
- UIAA Approved Helmet
- Alpine Harness and chest harness
- Overnight pack large enough to carry all the gear and some group gear
- Compass with inclinometer and declination settings (recommend Silva Ranger)
- Altimeter
- Rite in the Rain All Weather Notebook #311
- Pencil
- Pocket knife

Heli-Hiking and Photo Course Equipment List:

- Small Day Pack
- Light hiking boots
- Collapsible hiking poles
- Baseball or sun hat
- Sunglasses
- Sunscreen and Lipbalm
- Camera and Film (for photo course small tripod and film)
- Blister Kit (Moleskin, Elastoplast on roll, Second Skin, an ounce of prevention is worth a pound of cure in this department)
- Anorak windproof water resistant: Torrentshell Jacket
- Rain Pants: Torrentshell Pants
- Suitable hiking wear for all weather conditions: Capilene® underwear tops, Regulator T R1 underlayer

Back Packing trips, Add:

- Good Hiking boots are mandatory- Light hiking boots are just going to give you grief!. You need good ankle support and a good platform.
- Collapsible poles and umbrella
- Pack large enough to carry personal gear and sleeping gear
- A large industrial garbage bag to protect pack contents from water!
- We have four food caches that we can leave a change of underwear and socks at each cache. Please leave these out to put with the caches on the morning of departure

Heli Canada Adventures participates in the "Guide Line" program of the Patagonia company. Heli Canada Adventures mountain guides use and recommend Patagonia clothing and products. Please call toll free **1-800-523-9597** for answers to questions about clothing and gear.

